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Tina Myers has been providing services as a personal care attendant (PCA) for both of her parents for many years. In order to participate in the Medicaid program as a PCA, Myers had to complete training and receive a certification to provide PCA services to Medicaid recipients. *See* 7 ACC 130.220. Pursuant to 7 AAC 105.220(a)(1), as enacted through Alaska Statute Title 47, any person who provides medical services to a recipient or bills the state for their services agrees to "comply with all applicable federal and state laws related to providing medical or medically related services to Medicaid recipients in this state." *See also* 7 ACC 105.210(b)(3)(requiring anyone seeking enrollment with the state to provide Medicaid services to agree to follow all state and federal applicable laws).

10 When providing services to a Medicaid recipient, all providers, which includes the licensed agency and their employees, are required by 7 AAC 105.230(a) to "maintain 11 accurate financial, clinical, and other records necessary to support the services for which 12 the provider requests payment. The provider shall ensure that the provider's staff, billing 13 agent, or other entity responsible for the maintenance of the provider's financial, clinical, 14 and other records meets the requirements of this section." Included among the 15 documentation a PCA or their agency is required to maintain are the documents that 16 would support the services being provided to a recipient that would permit the 17 disbursements of Medicaid payments. The PCA or agency is not only required to 18 maintain records of the treatment that was provided to the recipient, but they are also 19 required to maintain documentation regarding the "specific services provided" and the 20 "date on which the service was provided." 7 AAC 105.240 requires the care provider to 21 produce the above-referenced documentation upon request by an authorized agency such 22 as MFCU.

PCAs such as Myers are enrolled in Medicaid as home-based healthcare
providers. The Alaska Medicaid Program pays PCAs to provide services of daily living to
Medicaid recipients, which will allow Medicaid recipients to stay in their home rather
than be placed in an assisted living home type setting. Medicaid recipients are evaluated
for medical needs by an employee of DHSS and the recipient is then authorized to hire a

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Department of Law, Criminal Division 310 K Street Suite 601, Anchorage, AK 99501 Phone: (907) 269-6250 Fax: (907) 269-7939 Email: LawOSP@alaska.gov **Department of Law, Criminal Division** 310 K Street Suite 601, Anchorage, AK 99501 Phone: (907) 269-6250 Fax: (907) 269-7939 Email: LawOSP@alaska.gov PCA to provide home-based healthcare services. The PCA provides the approved level of
services and then fills out a timesheet for the work done. If the PCA is working for a
service agency, the timesheet is initially submitted to the licensed agency. Then, the
agency will use that timesheet as the documented basis for the amount that is billed to
Medicaid for the services provided and maintain a copy of that timesheet in accordance
with the above-stated regulations. Medicaid then pays approximately \$24 an hour to the
agency for the service, and the agency is required to pay the PCA at least half of that
amount.

8 During the course of the investigation by MFCU investigators, the state learned 9 that on several occasions Myers billed for PCA services while she was actually out of the 10 state travelling. PCAs are only permitted to bill for services they personally perform, and 11 the billing and documentation must accurately reflect what services were personally provided and when they were rendered by the PCA. Since Tina Myers was not 12 physically in the state when several of the claimed services were allegedly rendered, it 13 would have been impossible for her to have actually provided any of those services. This 14 is generally referred to as "travel fraud." Specifically, in Myers' case, the state learned 15 that Myers had frequently traveled to the lower 48 states with her husband from late 2012 16 through early 2016. For every period of verified travel, Myers later submitted timesheets 17 purporting that she had provided PCA services to both of her parents during the times she 18 was not physically present in Alaska. When confronted by MFCU investigators about 19 this, Myers ultimately admitted that she was overwhelmed and depressed over the last 20 several years due to providing care to her parents and husband, and she knew that her 21 documentation did not accurately reflect the work that she had performed.

The instances where Myers billed for services when she was actually travelling outside of Alaska are reflected in the chart set forth below:

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- 12/12/2012 Anchorage to Arizona- 12/19/2012 in Kenai
- 04/17/2013 Anchorage to Arizona-04/28/2013 in Kenai
- 05/18/2013 Anchorage to California-05/23/13 California to Anchorage
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- 07/01/2013 Anchorage to California-07/06/2013 California to Anchorage

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